

SYLLABUS

Class XII

Year : 2021-2022

Subject : Nutrition

1st term

Section A :Digestive System

Digestion and Absorption

Energy

Section B: Balanced Diet for Pregnant and Nursing Mothers

Infancy

Pre-Test

Section B: Malnutrition

Formulation of low cost Balanced Diet from local cheap food.

Section C: The common deficiency diseases in India

Selection Examination

Section A: Metabolism of Food

Section C: Supplementary Feeding for Vulnerable Groups

Elementary idea of current National Programmes in India

